

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Tisson Fabienne

Coaches: Beerten Ine

Coaches: Emmers Kelly HEADCOACH

Coaches: Dekoninck Nicole

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:6, starttime: 10:27
Heat: 6/9 Lane : 2 Athlete: JANSEN ELINE					Q-time: 02:49:87
PB (50m pool): 02:49.87 Antwerpen 20/07/2025					PB (25m pool): 02:50.44 SB: 02:54.00 Seraing 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.63	01:22.38	02:06.46	02:49.87	
	00:38.63	00:43.75	00:44.08	00:43.41	
					

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+					Heat:1, starttime: 12:01
Heat: 1/15 Lane : 4 Athlete: FRANSEN DYLANO					Q-time: 00:26:89
PB (50m pool): 00:26.89 Eindhoven 10/05/2026					PB (25m pool): 00:28.40 SB: 00:26.89 Eindhoven 10/05/2026
	5 0 M				
PB	00:26.89				
	00:26.89				
					

Coach feedback:

Event number: 12: 1500M FREESTYLE MEN 15-16							Heat:2, starttime: 13:01	
Heat: 2/2 Lane : 7 Athlete: ROOSEN LUKAS							Q-time: 17:22:21	
PB (50m pool): 17:28.21 Charleroi 15/02/2026			PB (25m pool): 18:00.46SB: 17:28.21 Charleroi 15/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.75	01:05.21	01:40.13	02:14.93	02:49.84	03:24.74	04:00.12	04:35.15
	00:30.75	00:34.46	00:34.92	00:34.80	00:34.91	00:34.90	00:35.38	00:35.03
								

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	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:10.39	05:45.73	06:20.93	06:56.14	07:31.21	08:06.71	08:41.81	09:16.99
	00:35.24	00:35.34	00:35.20	00:35.21	00:35.07	00:35.50	00:35.10	00:35.18
								

	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	09:52.37	10:28.03	11:03.09	11:38.49	12:13.53	12:48.88	13:24.03	13:59.50
	00:35.38	00:35.66	00:35.06	00:35.40	00:35.04	00:35.35	00:35.15	00:35.47
								

	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M	
PB	14:34.63	15:09.87	15:45.00	16:20.29	16:54.66	17:28.21	
	00:35.13	00:35.24	00:35.13	00:35.29	00:34.37	00:33.55	
							

Coach feedback: